



CANALSIDE THERAPEUTIC ARTS  
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M S , A T R - B C , L C A T

Name of Child: \_\_\_\_\_ Date: \_\_\_\_\_  
What do they prefer to be called? \_\_\_\_\_

Name of Parent/Guardian (If under 18): \_\_\_\_\_

Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: M F

Parent/Caregiver Marital Status:

Never Married Partnered Married Separated Divorced Widowed

Number of Children in the Home: \_\_\_\_\_

Family Composition (Please list individuals residing in your home):

Name:	Age:	Relationship:
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Local Address: \_\_\_\_\_  
\_\_\_\_\_

Primary Phone: \_\_\_\_\_ May we leave a message? Yes No

Secondary Phone: \_\_\_\_\_ Okay to text? Yes No

May we leave a message? Yes No

Email: \_\_\_\_\_ May we email you? Yes No

*\*Please be aware that email may not be confidential.*

Referred by: \_\_\_\_\_

Is the family currently receiving psychiatric services, professional counseling, or psychotherapy elsewhere? Yes No

Has the family had previous psychotherapy? Yes No

Previous therapist's name? \_\_\_\_\_ Dates: \_\_\_\_\_

*(Names of therapists, dates, reason for leaving, progress made?)*

Is your child currently taking medication (antidepressants, antianxiety, ADHD, etc.)?

Yes No If yes, please list: \_\_\_\_\_

If no, has your child previously been prescribed psychiatric medication? Were they helpful?

Yes No If yes, please list: \_\_\_\_\_

**HEALTH & SOCIAL INFORMATION**

How is your child's physical health at present?

Poor Unsatisfactory Satisfactory Good Very Good

Name of Primary Care Physician \_\_\_\_\_ Phone # \_\_\_\_\_

Last Physical \_\_\_\_\_

Allergies \_\_\_\_\_

Please list any persistent physical symptoms or health concerns (e.g. chronic pain, headaches, hypertension, diabetes, etc.): \_\_\_\_\_

Delivery: Normal Breech Cesarean Full-term Premature

If premature, number of weeks: \_\_\_\_\_

Birth Weight: \_\_\_\_\_

Problems at birth: (e.g.: infant given oxygen, blood transfusion, placed in an incubator, etc.) \_\_\_\_\_

Vision problems? Yes No

Hearing problems? Yes No

Dental problems? Yes No

Any head injuries or loss of consciousness? Yes No

Child's history of serious illness, injury, handicaps, or hospitalization? Yes No

If yes, describe and give dates: \_\_\_\_\_

Are there any foods that you limit or do not give this child? Yes No

List: \_\_\_\_\_

About how many hours does this child watch TV, videos, games, etc. per day: \_\_\_\_\_

How do you discipline your child? \_\_\_\_\_

In the first two years, did your child experience: Separation from mother Out of home care

Disruption in bonding Depression of mother Abuse Neglect

Chronic pain Chronic Illness Parental Stress

Is your child having any problems with their sleep habits? Yes No

If yes, check where applicable:

Sleeping too much Sleeping too little Poor quality sleep Disturbing dreams

Frequent waking Not sleeping in own bed Other

How many times per week does your child exercise? \_\_\_\_\_ # of minutes? \_\_\_\_\_

Is your child having any difficulty with appetite or eating habits? Yes No

If yes, check where applicable:

Eating less Eating more Binging Purging Restricting Picky eater

Has your child experienced significant weight changes in the last two months? Yes No

Does anyone in the family regularly use alcohol? Yes No

Concerned about the use of alcohol or drugs by anyone in the home? \_\_\_\_\_

Concerned about the use of alcohol or drugs by someone close to you? \_\_\_\_\_

How often do parents/caregivers engage in recreational drug use?

Daily Weekly Monthly Rarely Never

Mother used during pregnancy: Alcohol Drugs Cigarettes Vaping

Does anyone in the household smoke/vape? Yes No

Do you think your child's use of chemicals is a problem? Yes No

Type: Alcohol Marijuana Other drugs: \_\_\_\_\_

Comments: \_\_\_\_\_

In the last year, have you or your child experienced any significant life changes, or stressors?

Yes No If yes, please list: \_\_\_\_\_

Please check any of the following problems which concern you: If you check one, please describe in detail:

- |  |  |
|--|--|
| <input type="checkbox"/> Depression                            | <input type="checkbox"/> Mood swings   |
| <input type="checkbox"/> Lack of interest in activities        | <input type="checkbox"/> Anxiety/Panic/Nervousness/Fears   |
| <input type="checkbox"/> Talks excessively/interrupts          | <input type="checkbox"/> Phobias   |
| <input type="checkbox"/> Hallucinations                        | <input type="checkbox"/> Separation/Loss   |
| <input type="checkbox"/> Frequent body complaints              | <input type="checkbox"/> Body image problems   |
| <input type="checkbox"/> Homicidal thoughts                    | <input type="checkbox"/> Suicidal thinking/attempt/threats   |
| <input type="checkbox"/> Repetitive thoughts (i.e. obsessions) | <input type="checkbox"/> Repetitive behaviors (i.e. compulsions)<br>(e.g. frequent checking, hand washing) |
| <input type="checkbox"/> Morbid thoughts                       | <input type="checkbox"/> Relationships   |
| <input type="checkbox"/> Inferior feelings/Emptiness/Boredom   | <input type="checkbox"/> Self-control  |
| <input type="checkbox"/> Shyness                               | <input type="checkbox"/> Decision making/Concentration problems  |
| <input type="checkbox"/> Nightmares                            | <input type="checkbox"/> Assertiveness   |
| <input type="checkbox"/> Stomach issues/Health problems        | <input type="checkbox"/> Anger/Temper/Aggressive behavior  |
| <input type="checkbox"/> Stress                                | <input type="checkbox"/> Loneliness  |
| <input type="checkbox"/> Eating disorder/Appetite              | <input type="checkbox"/> Self-esteem   |
| <input type="checkbox"/> Difficulty making/keeping friends     | <input type="checkbox"/> Cries easily  |
| <input type="checkbox"/> Fatigue/low energy                    | <input type="checkbox"/> Easily distracted   |
| <input type="checkbox"/> Short attention span                  | <input type="checkbox"/> Not interested in peers   |
| <input type="checkbox"/> Can't sit still/Impulsive             | <input type="checkbox"/> Problems completing school work/attendance  |
| <input type="checkbox"/> Picked on/Bullied by peers            |  |
- Anything else? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Has your child had suicidal thoughts recently?

- Frequently  Sometimes  Rarely  Never

Have you or anyone in your family been hospitalized for emotional difficulties?  Yes  No

In the past year have you taken your child to the emergency department for mental health evaluation or psychiatric hospitalization?  Yes  No

If yes, please explain:

\_\_\_\_\_  
\_\_\_\_\_

Please list any people with whom we can share your medical information:

\_\_\_\_\_  
\_\_\_\_\_

### **PARENT/CAREGIVER OCCUPATIONAL INFORMATION**

Are you currently employed?  Yes  No

If yes, who is your current employer/position? \_\_\_\_\_

If yes, are you happy at your current position? \_\_\_\_\_

Please list any work-related stressors, if any: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### **RELIGIOUS & SPIRITUAL INFORMATION**

Do you consider your family to be religious?  Yes  No

If yes, what is your faith? \_\_\_\_\_

If no, do you consider your family to be spiritual?  Yes  No

### **LEGAL HISTORY**

Are you or any of your family members currently experiencing any legal difficulties (PINS, Probation, Parole, Divorce, Custody, Arrests)?  Yes  No

If yes, please explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**SCHOOL HISTORY**

Present School: \_\_\_\_\_

Grade: \_\_\_\_\_

Teacher: \_\_\_\_\_

Has child ever repeated any grade? Yes No

Is child in special education services? Yes No IEP 504

Please describe academic or other problems your child has had in school: \_\_\_\_\_

\_\_\_\_\_

**FAMILY MENTAL HEALTH HISTORY**

Has anyone in your family (immediate family members or relatives) experienced difficulties with the following? (Check any/all that apply and list family member; e.g. sibling, parent, uncle, cousin, etc.)

**DIFFICULTY**

**FAMILY MEMBER**

Depression \_\_\_\_\_

Bipolar Disorder \_\_\_\_\_

Anxiety Disorder \_\_\_\_\_

Panic Attack \_\_\_\_\_

Schizophrenia \_\_\_\_\_

Alcohol/Substance Abuse \_\_\_\_\_

Eating Disorder \_\_\_\_\_

Learning Disability \_\_\_\_\_

Trauma History \_\_\_\_\_

Suicide Attempt \_\_\_\_\_

**TRAUMA HISTORY**

Has your child had an unwanted sexual experience? Yes No

Has your child experienced violence or had a traumatic experience? Yes No

Are you afraid someone you know may injure/harm this child? Yes No

Please list any traumatic events or losses you or your family have endured: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Have you or a member of your family been exposed to verbal or physical abuse in the last year:

Yes No Please explain: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Are there any weapons in your home? Yes No

If yes, please list: \_\_\_\_\_

**OTHER INFORMATION**

What do you consider to be your child's strengths? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What does your child like most about themselves, and what do you like most about your child? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

